

FEBRUARY

youth programs



304 E Washington
LeRoy, IL 61752
(309) 962-4800
LeRoyReplex.org



Welcome to the 4-week February 2010 session!

All classes in this session are February 1—26 unless otherwise noted.

Pre-Registration is required!

Sessions cancelled due to inclement weather will not be re-scheduled, but a one-class fee will be credited to your account. Class cancellations will be on radio stations WBNQ 101.5 and WJBC 1230 by 4:00 P.M.

TUMBLING

Monday Evenings
Activity Room 2
Instructor: Julie Ambrose

Tumbling for Tots
5—5:30

An introduction to basic tumbling skills for children ages 3-5. Your toddler will be introduced to basic tumbling skills that will lay the foundation for higher level tumbling classes. Front rolls, back rolls, and cartwheels are just a few of the skills which will be introduced.

Level 1
5:30—6

An introduction to basic tumbling skills for students 6 and over. Skills will include forward and backward rolls, bridges, cartwheels and more. For those students new to tumbling.

Level 2
6—6:30

An introduction to basic tumbling skills for students 6 and over. Skills will include forward and backward rolls, bridges, cartwheels and more. For those students who have had prior tumbling experience.

Intermediate
6:30—7:15

Students in this class should already have mastered forward and backward rolls, cartwheels, and backbends. Intermediate tumbling skills will include front and back walk over's, round offs, and working toward flip-flops and other advanced running tricks.

Members: \$24

Non-members: \$36

SWIM LESSONS

Level 1

Mondays & Wednesdays

5—5:20 P.M. OR 5:30—5:50 P.M.

Instructor: Mindi Marcum

For beginners with no swim experience. This class focuses on getting your child comfortable in the water.

Level 2

Mondays & Wednesdays

6—6:30 P.M. OR 6:30—7 P.M.

Instructor: Mindi Marcum

For beginners who are comfortable being in the water. Students will learn unassisted front and back floats, kicking and gliding, and going underwater without nose-plugging.

Level 3

Tuesdays & Thursdays

6:30—7 P.M.

Instructor: Julee Misch

OR

Mondays & Wednesdays

7—7:30 P.M.

Instructor: Mindi Marcum

This class will introduce elementary swimming strokes and breathing in addition to sitting dives and jumping into deep water.

Level 4

Tuesdays & Thursdays

7—7:30 P.M.

Instructor: Julee Misch

Building off of previously learned skills, students will use swimming strokes for longer distances, learn beginner dives, introductory breast stroke and butterfly, as well as water treading and survival floating.

Level 5

Tuesdays & Thursdays

7:30—8 P.M.

Instructor: Julee Misch

Level 5 builds swimming endurance working towards 25 yard front and back crawls, 15 yards of breaststroke and backstroke, as well as longer survival floating and treading. The sidestroke will also be introduced.

Members: \$48

Non-members: \$72

*We also offer private lessons and semi-private lessons! Call or stop by the front desk and talk to Laura or Lyndi for more information and scheduling!

LIL' NINJAS

Thursday Evenings
Instructor: Jon Duvall
Activity Room 1

Lil' Ninjas is a fun and challenging martial arts class that incorporates the fundamentals of traditional Ninjitsu and basic self defense. Activities are designed to heighten awareness and focus while teaching the core values of discipline, self-respect, respect for others and a healthy lifestyle.

Level 1, ages 6—9
6—7 P.M.

Level 2, ages 10—15
7—8 P.M.

Adult, ages 16 & up
(see adult brochure for more information)

Members: \$32 Non-members: \$44

LITTLE LOVE BUGS

Wednesday, February 10
5:30—6:30 P.M.
Activity Room 1
Instructor: Laura Spencer

Bring in your love bug for an evening of Valentine's stories, crafts, and games! Activities are geared towards children ages 3—5 and an adult.

Members: \$3 Non-Members: \$5

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CHEERLEADING

Tuesday Evenings

Instructor: Kristen Hammer/LeAnn Graybeal

This class is a basic introduction to cheerleading, including fundamentals such as appropriate stretching, increased flexibility, stunt safety, teamwork and the pure enjoyment of cheering!

Level 1, ages 3—5

5:45—6:15 P.M.

Activity Room 1

Level 2, ages 6—8

6:15—6:50 P.M.

Activity Room 2

Level 3, ages 9—12

6:50—7:25 P.M.

Activity Room 2

Members: \$24

Non-members: \$36

ART EXPLORERS

Wednesday, February 3

5—6 P.M.

Activity Room 1

Instructor: Lyndi Toohill

Happy Valen-Dine's Day! This month we will be exploring the art of American pop artist Jim Dine. We'll learn about how shadows and highlights work, using soft pastels, so you can draw shapes that pop! Come ready to make some awesome Valen-Dine's Day cards!

1st grade and older only please.

Members: \$5

Non-Members: \$7

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